Updated 3/26/19

For more information about the competencies referenced in this document, please review the Instructor Competencies tool on the Northern Lights website. This document only includes the competencies that can easily be observed while the trainer is instructing a group of adults.

Date of Observation	
Time of Observation	
Location:	
Length of Training:	
Topic of Instruction	
Instructor:	
Observer:	

Purpose of this Observation:

Used as self-assessment	Used by an observer	Used for instructional planning

In the "Rating" column, please rate the instructor using the following ratings:

- 1 indicates the competency is not at all or minimally met
- 2 indicates the competency is partially met
- 3 indicates the competency is fully met
- N/A indicates the competency is not applicable for this observation

Set Up and Introduction		
Competency	Rating	Notes
a. Sets up the room to facilitate comfort,		
interaction, flow, and engagement in		
the planned activities		
b. Establishes a personally welcoming		
climate of safety, trust, and		
inclusiveness		
c. Learns about participants' experiences		
and interests in relationship to this		
topic		
d. Presents agenda with clear and		
achievable learning objectives based on		
knowledge and skills in the early		
childhood and/or afterschool fields		



Methods of Instruction		
Competency	Rating	Notes
e. Uses a variety of instructional methods		
and materials to address all learning		
styles and preferences ¹		
f. Engages learners in purposeful hands-		
on interactions ²		
g. Implements a cycle of connected		
learning tasks to develop, generate, and		
deepen learning over time		
h. Uses smooth transitions to effectively		
and logically connect experiences		
i. Uses technology effectively to engage		
the learner		
j. Uses open-ended questions, active		
listening, relevant examples, and		
constructive dialogue		
k. Adjusts instructional design to the		
actual session and accommodates		
unforeseen circumstances		

Session Content		
Competency	Rating	Notes
l. Connects content to participants'		
experiences, context, and interests		
using relevant materials		
m. Addresses the sponsor's goals and the		
defined learning objectives throughout		
the session		
n. Provides the learners with relevant		
resources and sources of support		
o. Aligns training content with Vermont		
Core Knowledge and Competencies ³		
and other professional standards		
p. Introduces new information based on		
current, effective practices, research,		
and standards		
q. Checks for participants' learning and		
achievement of the learning objectives		
throughout the session ⁴ and		
encourages completion of a written		
evaluation of the session		

¹ e.g. auditory, visual, kinesthetic styles and individual, small, and large group activities

² Strategies may include problem solving, modeling, experimentation, analysis, and/or application

³ For early childhood and/or afterschool professionals, as appropriate to the audience

⁴ Strategies may include observing participants discussing, demonstrating, modeling, and applying knowledge



The Instructor as a Professional		
Competency	Rating	Notes
r. Arrives promptly, begins on time, is engaged for the entire session, and ends on time		
s. Uses respectful and professional communication and behavior		
t. Is well-prepared and organized		
u. Uses and follows professional development documentation protocol		

Please highlight a few strengths and a few opportunities for learning and growth based on your observation of the instructor. For self-assessments, please reflect on a few of your strengths and a few areas you would like to engage in learning and growth.

We have reviewed and discussed the content of this observation

Observer Signature:	Date:	
Instructor Signature:	Date:	

Next Steps:

- Use the results of this observation to consider changes to your instructional design and practices (if applicable)
- Use the results of this observation to revise your Individual Professional Development Plan (IPDP)

The chart below aligns the competencies in this document with the location of the competency within the Instructor Knowledge and Competencies Document.

Knowledge Area	Competency	Reference(s)
Set Up and Introduction	а	III-B.9
Set Up and Introduction	b	III-B.5; IV-B.1
Set Up and Introduction	С	III-B.2
Set Up and Introduction	d	III-B.1; III-B.5; IV-A.2
Methods of Instruction	e	IV-A.6
Methods of Instruction	f	IV-A.4
Methods of Instruction	g	II-B.5; IV-A.1; IV-A.3
Methods of Instruction	h	IV-A.7
Methods of Instruction	i	IV-A.8
Methods of Instruction	j	III-B.6; III-B.7; IV-B.3; IV-B.5
Methods of Instruction	k	IV-A.1; IV-B.4
Session Content	l	II-A.1; II-C.1; III-B.4; III-B.7; IV-A.4
Session Content	m	I-A.7; III-A.1; III-B.1; IV-B.2
Session Content	n	II-B.1; II-C.2
Session Content	0	I-A.2; III-A.2; III-B.1
Session Content	р	I-B.1; II-C.2; II-A.3; IV-B.4
Session Content	q	III-B.8; IV-A.2; V-1; V-3
The Instructor as a Professional	r	I-A.5; III-B.10; IV-B.2
The Instructor as a Professional	S	I-A.6; I-B.2; I-B.3; I-B.4
The Instructor as a Professional	t	I-A.5; III-B.3
The Instructor as a Professional	u	II-B.2