

# Types of Training Approved in Vermont

If you work in a regulated early childhood or afterschool program in Vermont, there are four types of trainings that may count toward training hours required by child care licensing:



## In Person

- Held in person
- Led by qualified instructor
- Completed as a group



## Online Real-Time

- Held online using real-time technology
- Led by qualified instructor
- Completed as a group



## Online Anytime

- Available online at a time that works for you
- Must be pre-approved by Northern Lights
- Completed on your own



## Online Asynchronous

- Available online at a time that works for you
- Led by a qualified instructor, on a schedule
- Completed on your own as part of a group
- Often used for online college courses



**Can I take any online real-time training I find?**



In Vermont, online real-time trainings can only be offered by approved sponsors, AHS, AOE, or Vermont school districts. If you find a training that isn't offered by one of these groups, contact your Northern Lights Resource Advisor for support.



**I'm not sure if this training meets the criteria or not - what should I do?**



Always start by checking the Northern Lights website to review how to Make Training Count. If you're still not sure, contact your Northern Lights Resource Advisor. They can help you find trainings that meet your needs and meet criteria to count!