

# Individual Professional Development Plan - IPDP

## Section 1: Self-Assessment

Reflect on what you've learned over the past year and how you've improved your practice. Think about which areas and topics you would like to explore as you plan your professional development in the coming year. Make sure your reflections reference two or more core knowledge areas.

### Vermont's Unified Core Knowledge Areas:

- |  |   |
|--|---|
| 1. Child Development and Learning                      | 5. Observation and Assessment           |
| 2. Family and Community Partnerships                   | 6. Professionalism and Ethical Practice |
| 3. Developmentally Appropriate and Inclusive Practices | 7. Youth Engagement, Voice, and Choice  |
| 4. Curriculum and Learning Environments                | 8. Safety and Wellness                  |
|  | 9. Program Planning and Development     |

Some of the things I learned or skills I developed in the past year include:

Some ways I put my professional learning into practice in the past year include:

In the coming year, I am interested in learning more about:

## Section 2: Developing your Plan

Based on your reflections above, select three specific professional learning goals for the next year. Each goal should relate to a core knowledge area. Try to be as specific as possible.

**Sample Goal:** Successfully complete Child Development college course

**Core Knowledge Area:** Child Development and Learning

**Steps I plan to take or activities that will help me achieve this goal:**

1. Register to take the class
2. Keep up with my coursework through the semester
3. Work with my college advisor if I need help

**Support or resources I need from others to help me achieve this goal:**

I will ask my supervisor if I can complete my observations for this class in my preschool classroom. I can visit the learning center at CCV if I have trouble with any of the technology for my class.

**Timeline (when I expect this goal will be complete):** December, 2023

### Goal #1:

**Core Knowledge Area:**

**Steps I plan to take or activities that will help me achieve this goal:**

- 1.
- 2.
- 3.

**Support or resources I need from others to help me achieve this goal:**

**Timeline (when I expect this goal will be complete)**

### Goal #2:

**Core Knowledge Area:**

**Steps I plan to take or activities that will help me achieve this goal:**

- 1.
- 2.
- 3.

**Support or resources I need from others to help me achieve this goal:**

**Timeline (when I expect this goal will be complete)**

### Goal #3:

**Core Knowledge Area:**

**Steps I plan to take or activities that will help me achieve this goal:**

- 1.
- 2.
- 3.

**Support or resources I need from others to help me achieve this goal:**

**Timeline (when I expect this goal will be complete)**