Supporting Families Experiencing Homelessness

Resources & Referrals

Vermont 211 is a statewide Information and Referral program. The Vermont 211 system is at the fingertips of every resident and every phone. Email

To contact 211:

Dial 211 or 1-866-652-4636 24/7

Email <u>info@vermont211.org</u> or text your zip code to 898211 M-F 8am-10pm https://www.navigateresources.net/211vermont/

Housing

Vermont Coalition to End Homelessness:

The Vermont Coalition to End Homelessness partners with shelter and service providers and other stakeholders around the state who are working to ensure that all Vermonters have access to a decent affordable home with services and support to ensure housing success. https://helpingtohouseyt.org/

Vermont Lead Agencies:

Support to get or keep housing across the state https://helpingtohousevt.org/vermont-lead-agencies/

Find a Place to Sleep Tonight (after hours emergency shelter):

Vermont 211 partners with the Agency of Human Services (AHS) Economic Services Department (ESD) to provide after-business-hours emergency housing assistance from 4:30pm to 7:45am weekdays and all weekend to provide access to emergency housing services. https://vermont211.org/index.html

Emergency Shelter List:

Vermont's Emergency Shelter Providers by city/region

https://helpingtohousevt.org/wp-content/uploads/2022/04/Vermont-Shelter-providers.pdf

Housing: Community/Regional Resources

Habitat For Humanity

Partners with financial donors, local families and community volunteers to build and sell affordable homes in NW Vermont

https://vermonthabitat.org/

Sleep in Heavenly Peace

Provides bunk beds to children that may otherwise not have a safe, comfortable place to lay their heads

 $\underline{\text{https://www.findhelp.org/provider/sleep-in-heavenly-peace---vermont--jericho-vt/4925352912748544?postal=05468}$

GBICS Bennington https://gbicsbennington.org/

Food: Statewide

Vermont Food Access Registry https://agriculture.vermont.gov/food-access

Veggie Van Go Vermont Foodbank Delivery https://www.vtfoodbank.org/share-food/veggievango 800-585-2265

Food: Regional Resources

Burlington Food Pantries, Kitchens, Shelfs – Chittenden County https://www.foodpantries.org/ci/vt-burlington

Martha's Kitchen – Franklin County https://marthascommunitykitchen802.org/

Lamoille County Food Share – Lamoille County http://www.lcfoodshare.org/

Harvest House Soup Kitchen - Bennington https://harvestchristianministries.net/contact-us

Groundworks – Brattleboro https://groundworksvt.org/

<u>Capstone – Orange County</u> https://capstonevt.org/

Clothing

https://www.salvationarmy.org/

Chittenden, Rutland, Washington Counties

Warm the Children - Bennington https://warmthechildren.org/

The Village Closet – Brattleboro https://brattleborovillage.com/

HOPE – Caledonia https://www.hopevermont.com/

Faith's Closet – Caledonia https://www.facebook.com/Faiths-Closet-103220608106353/

<u>Amy's Armoire – Barre</u> <u>https://www.amysarmoire.org/</u>

<u>Tatum's Totes – Rutland</u> https://www.facebook.com/TatumsTotes1207/

Transportation

https://www.riderct.org/routes/

Domestic Violence

For immediate assistance, dial 9-1-1 or call a hotline:

Domestic Violence Hotline: 1-800-228-7395 Sexual Violence Hotline: 1-800-489-7273 Teen Dating Abuse: 1-866-331-9474

Vermont Network Against Domestic and Sexual Violence: http://www.vtnetwork.org/

Community/Regional Resources:

Chittenden County: Women Helping Battered Women: 802-658-1996

Franklin County: Laurie's House: 802-524-6575

Bennington County: PAVE: 802-442-2370

Grant Opportunities:

https://www.umbrellanek.org/

Other Resources

Community Action https://vermontcap.org/

Vermont Vocational Rehabilitation https://vocrehab.vermont.gov/

Vermont Reach-Up https://dcf.vermont.gov/benefits/reachup

Easter Seals https://www.easterseals.com/vt/

Deaf Vermonters Advocacy Services: https://dvas.org/about-us/

Safe Space Vermont (for LGBTQ people): http://www.pridecentervt.org/programs/safespace Community Action

Educational Opportunity Center

https://www.vsac.org/about/our-outreach-

programs#:~:text=VSAC's%20Educational%20Opportunity%20Center%20(EOC,college%20and%20career%20training%20services.

Springfield Area Parent Child Center – Springfield
Diaper Bank, Formula Bank, Welcome Baby Bag Program
https://sapcc-vt.org/

Orange County Child Parent Center – Orange County Diaper bank https://www.orangecountypcc.org/

ABC and LOL Childcare – St Johnsbury
Diaper bank
https://www.facebook.com/profile.php?id=100063641227139

Additional Resources

Educational Liaisons

The McKinney-Vento Homeless Assistance Act requires every school district to have a homeless education liaison who works within the school and community to ensure that eligible youth receive the supports they need to access their education. This could include food, school supplies/clothing, transportation to from school or school events.

<u>Contact List</u> for each school district in Vermont Statewide Contact: Katy Preston, Consolidated Federal Programs, katy.preston@vermont.gov

** Also contact Representatives in your own counties. Many of them are very accessible and interested in what is and is not working systemically

Children's Integrated Services

Each region in Vermont has a "main door" for families to access services for children pre-birth through age 5 and their families. CIS offers early intervention, family support, and prevention services that help ensure the healthy development and well-being. Services are available at low or no cost to families.

CIS Coordinators List

Specialized Child Care Coordinator

Coordinators help child care providers, social workers, families, and community partners with issues related to specialized child care.

Specialized Child Care Coordinator List

<u>Vermont Designated Agencies – Mental Health</u>
Case managers and counselors for children and families
https://mentalhealth.vermont.gov/about-us/designated-providers

Helpful Books and Media

Homelessness and Poverty Specific:

Payne, Ruby (1996). A Framework for Understanding Poverty. Aha Process, Inc.

Shipler, David (2004). The Working Poor: Invisible in America. Vintage Press

Ehrenreich, Barbara (2001). Nickel and Dimed: On Not Getting By in America. Metropolitan/Owl

Liebow, Elliot (1993). Tell Them Who I Am: Penguin Books

Duneier, Mitchell (1999). Sidewalk. Farrar, Strauss and Giroux

Nakazawa, Donna Jackson (2018). Childhood Disrupted. Atria

Desomond, Mathhew (2016). Evicted. Crown Books

Chute, Carolyn (1985) The Beans of Egypt, Maine. Warner Books

Netflix Series - Maid

Trauma Resources:

Badeau, Sue and Chelsea (2016). Building Bridges of Hope. Helping Hands Press

Badeau, Sue and Chelsea (2016). Bubbles and Butterflies. Helping Hands Press

Blaustein and Kinniburgh (2010). Treating Traumatic Stress in Children and Adolescents: How, to Foster Resilience through Attachment Self-Regulation, and Competency. Guilford Press

Bomber, Louise (2007). Inside I'm Hurting. Worth Publishing

Feiner, Michele (2018). Keeping It Real: Creative Classroom Techniques for Working with Trauma-affected Students. Killion Press

Feiner, Michele (2017). Laugh Before You Cry: Creative Strategies for Raising Attachment Challenged Children. Killion Press

Greene, Ross (2014). Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them. Scribner

Hughes, Daniel (1996). Building the Bonds of Attachment: Awakening Love in Deeply Troubled Children. Aronson

Kozol, Jonathan (1987) Rachel and Her Children. Broadway Books

Kurtz, Julie, Nicholson, Julie and Perez, Linda (2018). *Trauma-Informed Practices for Early Childhood Educators: Relationship-Based Approaches that Support Healing and Build Resilience in Young Children*. Routedge

Kuypers, Leah (2011), The Zones of Regulation. The Social Publishing Library

Levine, Peter (1997). Walking The Tiger. North Atlantic Books

Lerner, Harriet (2001). The Dance of Connection. William Morrow

Nakazawa, Donna Jackson (2015). Childhood Disrupted. Atria

Van Der Kolk (2014). The Body Keeps The Score. Penguin

VanderNoot-Lipsky (2009). *Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others*. Berrett-Kohler