- 1. Eating disturbance
- 2. Irritable/difficult to soothe
- 3. General fearfulness/new fears
- 4. Language delay
- 5. Changes in school performance
- 6. Restless, impulsive, hyperactive
- 7. Physical symptoms (headaches etc)
- 8. Say they have no feeling about upcoming event
- Difficulty identifying what is bothering them
- 10. Inattention, difficulty problem solving
- 11. Daydreaming or dissociation
- 12. Anxiety

- 13. Irritability
- 14. Aggressive behavior
- 15. Feeling helpless/passive
- 16. Worry about own/other's safety
- 17. Emotional swings/moody
- 18. Easily startled
- 19. Sad or angry
- 20. Difficulty sleeping, nightmares, sleep disturbances
- 21. Learning problems
- 22. Attention seeking
- 23. Revert to younger behavior
- 24. Re-enact trauma in a play

Butterfly Trainings that Transform - STRONG